A FIRST TIME EVER BAMBOO DANCING WORKSHOP

COMES TO MEDFORD'S STUDIO 67! STARTING THURSDAY JULY 11, 12:30 – 1:30 PM.

Fascinated by how folks jump through smashing bamboo poles without getting their ankles caught? Come to class and learn the exciting "Tinikling" bamboo dance!

(WE ARE OFFERING A FREE INTRODUCTORY CLASS. IF YOU LIKE IT, YOU CAN SIGN UP FOR THE SERIES OF SUMMER CLASSES.)



Build aerobic capacity and motor skills! Have fun learning about distant cultures from another part of our world through dance & rhythms! Wear comfortable clothing. All dancing is done barefoot and taught by Philippine-American dance artist Dulce Capadocia. Read about her at <u>www.dulcecapadocia.org</u>.

> Please register by email at <u>dulce_capadocia@yahoo.com</u> or call 213 448-2432. Studio 67, studio67medford.com, 67 North Main Street, Medford, NJ

